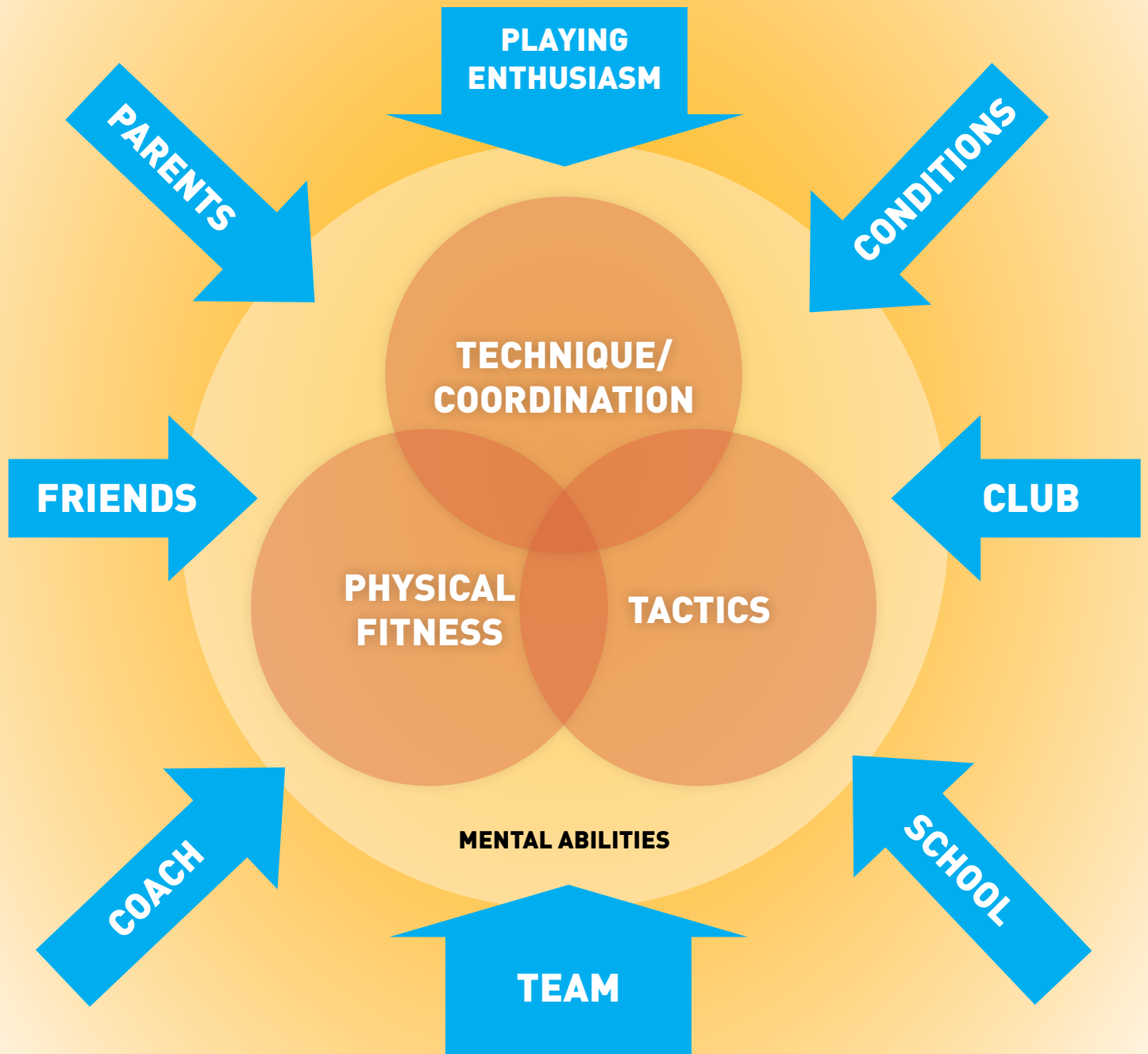


WHAT MAKES A GOOD BASKETBALL PLAYER?

This diagram illustrates what impacts a player's performance and what has to be trained. The individual factors are always connected; mental abilities affect everything; exterior influencers are coming from all directions.



** Adapted from Training Basketball*